



Vol 46, Issue 4

April 2024

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King Tournament Director
TBD

APRIL MEETING:

Tuesday, April 16th at 7:00 PM. The club meets at the NC University Club at 4200 Hillsboro St. Meals available for purchase. Our main speaker is Capt. Tim Barefoot - Barefoot Jig. Grouper Jig



Also speaking are David Hugo and Meg Withers from the South Atlantic Fishery Management Council. David will cover all things best fishing practices and descending device information, Meg will share information on the citizen science project "SAFMC Release."



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Support our Sponsors



Bonito Steak

Ingredients:

bonito(sashimi-grade) (10.6 oz)
Salt -,a dash
Black pepper - a dash
Sesame oil - 2 Tbsp
Ginger root (grated) 2 cm (1 in.)
Kikkoman Soy Sauce 2 Tbsp
Aojiso/green perilla - 5 leaves

Lightly season the bonito with salt and black pepper, then slice the bonito into smaller pieces that can be easily eaten in a single bite.

Layer the green perilla together and then finely chop the leaves.

Pour sesame oil into frying pan and then add heat. Add bonito slices and ginger root to the pan. Afterwards, evenly distribute soy sauce in the pan.

Add the green perilla. Then rotate the bonito slices to ensure outer sides are cooked, while leaving the center somewhat rare. Once all sides are cooked similar to the picture, turn off heat and remove the bonito from the pan.

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Light Tackle or Fly Fishing, Inshore and Nearshore.



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SCHEDULE OF RSWSFC 2024 EVENTS

Meeting - Grouper Jig (Capt. Tim Barefoot - Barefoot Jigs), Tue, Apr 16
Raleigh, 4200 Hillsborough St, Raleigh, NC 27606

Outing: Bonito (Date Tentative) Sat, Apr 20, Morehead City, Morehead City, NC

Outing: Mahi Mahi, Sat, May 11. Morehead City, Morehead City, NC

Meeting: Inshore Red Drum, Tue, May 21, Raleigh, 4200 Hillsborough St, Raleigh, NC 27606,

Outing: Kids Spanish Mackerel (Date Tentative), Sat, Jun 15. Morehead City,

Meeting: Topic TBD, Tue, Jun 18, Raleigh, 4200 Hillsborough St, Raleigh,

Meeting: Old Drum, Tue, Jul 16, Raleigh, 4200 Hillsborough St, Raleigh, NC

Outing: Old Drum (Date Tentative), Sat, Sep 07, Cedar Island NC

Meeting: Topic TBD, Tue, Sep 17, Raleigh, 4200 Hillsborough St, Raleigh

Meeting: Topic TBD, Tue, Oct 15, Raleigh, 4200 Hillsborough St, Raleigh
Social/Oysters at Brewery (Date Tentative)
Meeting Tue, Nov 12, TBD

Christmas Party, Mon, Dec 02 Note: Date Tentative) TBD

2024 RSWSC Bonito Fishing Outings CAPTAINS SIGN-UP ONLY

This sign up is for captain's only. Please sign up if you are interested and able to provide a boat for Saturday, April 20th. A separate sign-up will go out for fishermen, once the boats have been lined up. Please indicate your boat's name and how many additional fishermen, besides yourself, that you will be able to accommodate. If you have a full boat, please advise so that I do not put you down as having openings. Captains will depart from their home port, or port of choice. You are asked to provide a float plan to your fishermen. Official VHF Channel is 10. Fishermen will be expected to help with fuel and bait costs. You will coordinate those purchases directly with your crew. Point of Contact: Trey Lowdermilk is the is the point of contact for bonito outings and the club's month-long bonito tournament. Please contact him with questions at hllowder@hotmail.com. Tournament Details: Longest fish by fork length is the winner. Please submit a photo of your fish with a ruler in the picture and t www.signupgenius.com

Please indicate your boat's name and how many additional fishermen, besides yourself, that you will be able to accommodate. If you have a full boat, please advise so that I do not put you down as having openings.

Captains will depart from their home port, or port of choice. You are asked to provide a float plan to your fishermen. Official VHF Channel is 10.

Fishermen will be expected to help with fuel and bait costs. You will coordinate those purchases directly with your crew.

Point of Contact: Trey Lowdermilk is the point of contact for bonito outings and the club's month-long bonito tournament. Please contact him with questions at hllowder@hotmail.com.
Tournament Details: Longest fish by fork length is the winner. Please submit a photo of your fish with a ruler in the picture and the recorded length to the tournament director Trey Lowdermilk - hllowder@hotmail.com. Fish must be caught in North Carolina waters on April 20th. Anglers may submit multiple entries throughout the month but only the longest fish for each angler will be used to determine the winner. Fish caught on private boats or charter boats are eligible.

Please be safe and fish at your own risk and Tight Lines!

Date 04/20/2024 (Sat.)

Time 6:00AM - 6:00PM EDT

The link below is the sign up page for the April 20th Bonito Outing.

<https://www.signupgenius.com/go/30E0848A8A728ABFA7-48829523-2024>

FISHING REPORTS

We have had two fish card submission on the website:

Greg Brissette 3/12/2024 Charter

Striper 28", 10 lbs Released - Yes

Location: Albemarle Sound, paddletail on jighead

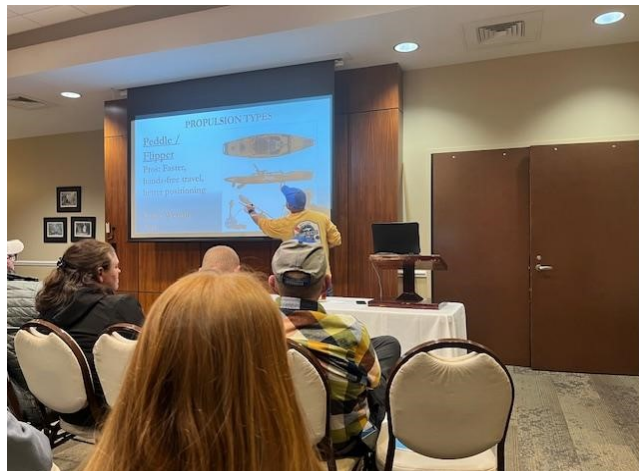
Steve Rhoads 3/26/2024 Small Boat

White (American) Shad 20" Released— Yes

Location: Caught on the Cape Fear River during the spawning run. Used a tandem crappie jig with a curly tail grub. Fish pulled hard on the light tackle in the current below a lock dam. This saltwater sport fish also qualified for the NCWRC Angler Award Program



PICTURES FROM MARCH MEETING



Fishing Report from John MCQuaid

Shad Outing Report: 3/24/2024

A forecast of 1-2" of rain on Saturday caused us to delay the trip to Sunday. Sunday dawned cold and bright, with 32 degree temperatures in Raleigh. But a great breakfast prepared by Victor Tucker with help from BJ Medlin and their families got the day off to a good start. By the time we launched in Weldon, temps had risen to 38F, with winds 10-20 mph with higher gusts. Sheltered by the Roanoke's high, steep banks, the wind wasn't too bad. About 15 fishermen and women attended the breakfast and over 20 fished at Weldon from boats and from the bank. A good number of Shad were caught. Here are some reports from club members.

BJ Medlin: Breakfast was really good this morning and definitely hit the spot. We put the boat in to the water a little after lunch. Went down just a little ways and started catching fish. It was only my self and Zack Medlin my 15 year old son on the boat today. Zack Medlin caught 31 shad and I BJ Medlin stopped at 50 shad today. All together we caught 81 shad today and my hands and arms feel it. We fished until a little after 6. We dubbed up about 10 Times together. Awesome day making memories on the water.

Jim Zemonek: I had the opportunity to fish with Steve Rhodes on his 21 ft Carolina Skiff. Overall, we had a great time and caught approx. 30 1-2 lb Shad. It was my first time fishing on the Roanoke River, so it took some time getting used to the constant current and brisk wind. We mainly used small jigs with curly tails and shad darts (Chartreuse color) with ultralights with 8lb line. The fish put up a nice fight on that light tackle. It was a very good day. David Parker caught 11, with one double. Alton Anabel and two fishermen ended up boating about 30 shad.

James and Remy Rice fished with John McQuaid on his boat. Remy boated the first Shad, followed by another. John landed about seven. James caught at least 10, using home made, self cast, powder coated

jigs and spoons! If you want to know about making your own tackle, James has the touch.

Robert and Jessica Carroll had a blast fishing from the end of the ramp, up and down the shore. Action was pretty constant all day. They took a break for lunch with John, Remy, and James, then returned to catch some more. They ended about 3 o'clock with 35 Shad caught. Robert did catch his smallest ever, amazingly hit a Shad dart. (Maybe not an American nor Hickory?)

Fred Adams, Mike Davis, and Greg Brissette fished from Fred's aluminum boat, and caught their fill. Victor Tucker had on their boat with a total of 22 shad and 1 - 15" spotted bass. A good time was had by all!

MILITARY APPRCIATION DAY 2024

024 MAD Morehead City is June 1, 2024

[Boat Volunteer Registration](#) is open
[General Volunteer Registration](#) is open.

MAD MHC 2023: June 3, 2023 — Registration for volunteers, captains and troops are all open so sign up ASAP! This year we are putting on some simple family activies for significant others and your kids. We'll have an inflatable obstacle course, a football game and a basketball game, along with cornhole and some other family activies. Your significant others and kids are also welcome to join us for the afterparty where Fat Fellas BBQ will be putting on a huge feast. We'll also have music and a bunch of great prizes to give away to our troops.

Sign up today and we'll make this event the best yet!

Morehead City NC is MAD's flagship event. Hosting more Troops to date than any of our other events combined, and offering a large multitude of family activities since 2009. MAD is the third largest event in Morehead City, only behind the Seafood Festival and the Big Rock Blue Marlin Tournament.

SEE MORE NEXT PAGE.....



MILITARY APPRECIATION DAY, INC.

Thanking Those Who Serve America



Scan code for
MAD website

I WANT YOU

TO TAKE OUR TROOPS FISHING!

Captain's Meeting:

May 31st at 6:00 PM

Where: Katherine Davis Park (big American flag on Arendell St)

What: We'll have a catered dinner, great prizes and instructions for fishing day

Fishing day:

June 1st

Leave from the dock of your choosing and return by 3:30 PM. Inshore, nearshore or offshore – your choice.

Huge picnic and party:

June 1st at 4:45 PM

Where: Katherine Davis Park (big American flag on Arendell St)

What: Fat Fellas Barbeque will cater this event! Great music and a TON of prizes to give away to our troops.

Contact Chris Milks for more details:

336-340-3323 or MoreheadCityMAD@gmail.com

Military Appreciation Day, Inc. is a NC 501(c)3 Non-Profit Organization

RSWSFC Fishing Seminar March 2, 2024

Cabellas in Garner was the site of the fishing seminar. Treasurer John McQuaid reported that 28 paid the \$20 fee and several non-member joined and paid as well.



After a welcome by club president Robert Carroll, the seminar started with Jessica Carroll's presentation of shad fishing on the Roanoke River. She explained the differences between the two species of shad.

Hickory shad have a protruding lower jaw. The NC bag limit is 10 fish per day with only one fish being an American shad. Jessica pointed out how much fun it is to catch shad on light tackle, similar to what one would use to catch crappie. Use one-eighth to one-quarter ounce jigs or darts with chartreuse or green being the best colors. Small spoons also work well. Steve Rhodes commented that shad tend to travel the river in straight lines rather than in schools.

Greg Brissett – Spanish Mackerel Fishing

Greg led off with a tease that he did not reveal until the

end of his presentation. He stressed that one should always leave the dock prepared, being sure to have sunglasses, a hat, and rain gear. Greg's preferred tackle consists of 6 ½ -7 ft. trolling rods with a TLD 15 reel topped with 20-30 yards of mono leader. He said to use a #1 or #2 planer (trolling weights can also be used) with size 00 -1 Clark spoons in silver or gold. Fish in 20-30 ft. of clear or green water. Troll at 6-7 mph. If you're catching

bluefish, increase your trolling speed. The tease: you can't catch fish from your couch. (continued next page)



Robert Carroll – Dolphin (Maui)

Dolphin are great sport and delicious table fare. They grow fast, reproduce early in life and are

beautiful fish. Robert likes a TLD 25 reel mounted to a Star Arial rod. Head to the Gulf Stream in the spring and troll at 6-7 knots. Learn to read the water. Look for converging waters, a tideline, seaweed, or floating debris, and fish the surface. Dolphin love flying fish, but they'll eat anything as they are heavy feeders. Robert led a hands-on rig tying session and the participants took home a rig that they tied.

Chuck Ward – Old Drum Fishing

Chuck's preferred set-up is Penn 750 reels mated to stout rods that are left in the rod holders. He emphasized that

these are strong fish and it's important to land these fish quickly. Old drum are brood stock and they live up to 50 years. Chuck likes to fish the Garbanzo Shoals in the Neuse River as well as the Pamlico Sound. From 7pm through 7am an Owen Lupton rig is required. Baits to use are FRESH menhaden, mullet, pinfish, or shrimp. Make sure to check and change your bait often. A popping cork can also be an effective and fun method to catch drum. A 4000 spinning reel on a 7 ft. rod is a good setup. There are many brands of popping corks, but Chuck prefers a Four Horseman. Cast to the edges of schooling menhaden and hang on!

Bernie McCants – Surf Fishing

Bernie has been a member of a surf fishing team for many years and has a great deal of tournament experience. Bernie stressed the importance of learning how to read the beach and water. Look for points, holes, and deep troughs. On-shore winds are best, as they produce clear water. Always try to fish moving waters. Bernie emphasized the importance of using a shock leader when casting heavy weights and baits.

Owen Lowdermilk – Cast Nets

Owen demonstrated the steps to properly throw a cast net. The weather, specifically the wind, is important to note when locating bait. Strong winds tire bait. Look for pelicans diving to find the best bait.

Thanks to all our presenters. If you missed this seminar, look for information on the 2025 fishing school. Plans are underway!

RSWSC FISHING REPORT CARD

Angler (Club Member): _____

(Age if Junior/Youth angler) _____

Small Boat

Charter

Pier

Surf (Circle one)

Location: _____ Date: _____

Best Catch: Species: _____

Weight _____ lbs. _____ oz _____ Length _____ (inches)

Released? Yes No (Circle one)

Comments: _____

Drop card off at meeting or Submit online at:

<https://www.rswsc.org/fish-cards>

Then submit information/pics in a fishing report for the Newsletter about your fishing and catches by your family/kids.

MEMBERSHIP FORM

Renewals — Please only enter changed information

Name: _____ New member
Include spouse's/children name if family membership Renewal

Address: _____

City: _____ State: _____ Zip: _____

Home phone: _____ Work Phone: _____ Cell _____

E-mail address: _____ Boat Name: _____

Dues: Single - \$50: Family - \$60: Sponsor (business card) - \$130:
Corresponding (newsletter only) - \$25: (Corresponding not eligible for catch awards or banquet attendance)

(Note: larger sponsor ads or short term ads are available and negotiable. Contact a club officer

Mail to: RSWSC, PO Box 41427, Raleigh, NC 27629

HOW TO SUBMIT AUTOMATED FISHING REPORTS

Dates, locations (general), tackle, bait and tips are greatly appreciated. You can easily utilize the new reporting tool on the Club's website. Fish Card: <https://www.rswsc.org/fish-cards>

Tripp made updates to the website for members to submit Fish Cards. The application for submitting information is through Google Forms and has been embedded into the website. When submitting a responses, members will have the ability to view other submissions.

“Google does require a Gmail account be used, if a picture was uploaded in the questionnaire. To make things easier, pictures will be emailed separately. We believe the ease of submitting responses and the ability to view all member results will outweigh having to submit a pictures separately.”

You can also use the form on the following page if desired and not computer savvy.

Please send in your fishing reports, Fish Cards and photos to share with members in 2022. The newsletters are much better with fishing reports and photos.

Website & Social Media Report—Tripp Adams

Newsletters and Communication:

All other communication is managed through our listserv. Keep an eye out for meeting, newsletter, outing, etc. related emails.

You will also be received the monthly Newsletter.

Be sure to check your spam! Your first few emails could get caught up there..

Lastly – The club website has past newsletters, our events calendar, and club forum. Some features require you to register as a site member. Follow the instructions below to sign up.

- 1) Visit <https://www.rswsc.org/>
- 2) In the top right corner, select 'Log in'
- 3) Select 'Sign Up'
- 4) Select a method for registering. Your options are Facebook, Google, or your personal Email
- 4B) Be sure to select, 'Join site community' for event updates and forum access.
- 5) If using your personal email, you will need to create a password

Club Website Improvements — from Tripp Adams:

With the help from Tom Zemonek and Janson Fant, the club has a new website. We launched the new RSWSC website in November of 2020.

Built on a different platform from the old site, the club site now has a more updated and professional look/feel. You will notice many of the tabs from the original site are the similar, with only a few key differences. Users will experience much faster load times and, a webpage made to fit mobile devices.

One key addition to the new website is the 'Meetings and Outings' tab. <https://www.rswsc.org/meetings-and-outings>

As the outings calendar is planned and updated, events will be added to the page. We also plan to have virtual club meetings in 2021, which will have meeting information listed. As the club grows into the new site, there is functionality to manage event registration, and event specific communication. These are transitions from our current procedures and will be adopted over time.

The other new feature is the 'Forum' tab. <https://rswsc.org/forum> visitors to the website will have to make an account to access the information. The idea behind the forum is that, this will be a great way for members to interact with each other, especially during these quarantine times. Several message board topics have already been created in the forum; members can post pictures, experiences with guide services, baits/tactics, etc. This will also be a great way for members to meet other club member who have experience in their area of the coast.

As we continue to grow into the new website, you may notice changes along the way. While much of the site was built before it was published, there are always new features that can be added or adjusted. in the long term the site should be able to handle club communication for both emails and social media postings. Some of this will be a "learn as we go" process so, bear with us.

We are open to feedback on the new website. Please do not hesitate to reach out to me with questions, suggestions, and/or recommendations. Email me at tripp.adams@field2base.com

Past Speakers List and contact information

Presenter	Website/Email	Topic	Phone
Rob Koraly	www.sandbarsafari.com	Bonita Fishing	252-725-4614
Capt Bryan Goodwin	www.nativeguide.net	Light tackle fishing	252 725-3961
Dave Anderson	www.collinsboating.com	Engine & Boat Maintenance	919 934-3143
Jerry Dilsaver	captjerry@captjerry.com	Throwing Casting Nets	
Fuzzy Lambert	www.dunkilewisinc.com	Humming Bird Electronics	336 416-3733
Capt George Beckwith	www.downeastguideservice.com		252 671-3434
James Garner	www.otseg@aol.com	Boat Building w/Hi Tech Composites	
Robbie Hall	hallemincharters@yahoo.com	Fishing in Emerald Isle / Swansboro	252-354-6692
Capt Daniel Jarvas	www.flatfootcharters.com	Bonita Fishing in New River Inlet	828-308-6726
Capt. Gary Dubiel	www.specfever.com/blog	Large Drum on artificial bait	252-249-1520
Capt Dave Tilley	www.portal.ncdenr.org/web/mf/home		910-456-0611
Seth Vernon	www.captainsethvernon.com	Double Haul Guide Service	910-233-4520
Gary Ballard	www.deepcreeklures.com www.captaingarysproducts.com	Deep Creek Lures & <i>Captain</i> Gary's Marine Care Products	(910) 892-1791
Capt. Richard Andrews	http://tarpamguide.com/	Tar-Pam Guide Service	(252) 945-9715
Seaview Pier	www.seaviewfishingpier.com		910-328-3172
Captain Greg Griffin	greg@greggofish.com	Greggofish Guide Service	919-434-4183
Captain Stewart Merritt	www.saltairventures.com/contact	Salt Air Ventures	252-725-1725
Jody Gay	Bluewatercandylures.com	Blue Water Candy	910-270-3718
Capt Bobby Brewer	www.baldheadbobby.com	Baldheaded Bobby Guide Service	919-349-6112
Capt. Scooter Lilley	www.cwwcharters.com	CWW Inshore <i>Charters</i>	252-799-9536